

## Get Healthy

### Addison-Penzak Jewish Community Center

14855 Oka Road  
Los Gatos, CA 95032  
408.358.3636  
www.svjcc.org

### Avalon Art & Yoga Center

370 S. California Avenue  
Palo Alto, CA 94306  
650.324.2517  
www.avalonyoga.com

### Baby Boot Camp

www.babybootcamp.com

### Balance Center

560 Oxford Street  
Palo Alto, CA 94306  
650.856.2000  
www.balancecenter.com

### Blossom Birth

299 S. California Avenue #120  
Palo Alto, CA 94306  
650.321.2326  
www.blossombirth.com

### Breathing Room

1501 South B Street  
San Mateo, CA 94401  
650.344.4420  
www.breathingroomstudio.com

### Butterfly Life

2695 Middlefield Road  
Palo Alto, CA 94301  
650.566.0100  
www.butterflylife.com

### Embody Wellness Spa

2495 Old Middlefield Way  
Mountain View, CA 94043  
650.938.8100  
www.embodyspa.com

### Fruition Women's Health

831.335.2151  
www.fruitionhealth.com

### Healthy Smiles Dental Care

5595 Winfield Boulevard #108  
San Jose, CA 95123  
408.226.6683  
www.ihealthysmiles.com

### Participating Parks and Recreation Agencies in San Mateo

ParksandRecreation@co.sanmateo.ca.us

### Pavia Day Spa

12840 Saratoga-Sunnyvale Road  
Saratoga, CA 95070  
408.741.1555  
www.paviadayspa.com

### Planet Granite

100 El Camino Real  
Belmont, CA 94002  
650.591.3030

815 Stewart Drive  
Sunnyvale, CA 94085  
408.991.9090

924 Old Mason Street  
San Francisco, CA 94129  
415.692.3434  
www.planetgranite.com

### Safari Run

341 N. Amphlett Blvd.  
San Mateo, CA 94401  
650.342.1977  
www.safarirun.com

### StrollerGym

Cubberley Community Center  
Palo Alto, CA  
650.353.1100  
www.strollergym.us